

Chill Out LA: Spa, Beauty and Wellness Guide

Keeping Los Angeles beautiful, healthy and relaxed. Spa reviews, event invites, special offers and more.

Face to Face LA



The Results Are In

Results. Despite all of the talk about the journey being more important than the destination, when it comes to skin care, sometimes I just want to get to the good stuff. Sure, bathing in rose petals and the artful alignment of crystals on my facial meridians is all well and good; but to tell the truth, what I really want are results.

I've had small rollers studded with micro-pinpricks zigzagged across my face, poultices of ayurvedic herbs pounded over my body, even had my face doused in caviar in the quest for beauty. The iDerm galvanic facial at the newly opened [Face to Face LA](#) may take the prize, not just for most unusual treatment, but for the most visible - and lasting - improvement to overall skin tone.

Located in a gorgeous gated building in Studio City, Face to Face is the creation of aesthetician Marianne Kehoe and businessman Robert van den Hurk, who has been a loyal client of Marianne's for over 10 years. The treatment menu is no-nonsense; no frou frou, no fudgcicle-scented body butter. This is about the skin.

The iDerm facial begins with the typical cleansing and extractions, and then the fun begins. Layers of surgical cotton are doused with vitamin-infused water and laid onto the skin. Then comes the "Hannibal Lecter" treatment: A mask is placed over the cotton and charged with a mild galvanic current that literally pushes the vitamins deep into the skin in an ionization process. The galvanic treatment is said to reach and stimulate the dermis layer of the skin, increasing circulation and promoting healthy cell renewal.

And so, the results are in. Right after the treatment my friends commented on how radiant and healthy I looked. Two weeks later, my skin is still glowing and clear, soft and smooth. Face to Face also has a complete line of facial care products designed to enhance the treatment, which can be repeated as often as every two weeks. Hey, when we're looking this good, why switch it up?

Special Offer: Face to Face is offering Chill Out LA readers 20 percent off their first treatment (\$100 instead of \$125).